

Vision

JVB envisions a violence free individual and society in mind, communication and action that inspires the whole world towards sheer Peace

Voluntary Activities (no membership, fees, costs)

- Discourses, classes and workshops in Jain philosophy
- Meditation, Yoga & Health
 - Preksha meditation
 - Yoga for Health
 - Women-health & well being
- One to one meetings / personal counselling
- Courses
 - What is Jainism & ancient Jain Wisdom
 - Scripture Study
 - Courses in Prakrit / Pratikraman
- Childrens' Classes
 - Yoga & meditation for children
 - Spiritual, philosophy and Jain stories
- Social services
 - Bereavement & Medical visits
 - Birthdays / marriages
- Jain and other Inter faith networking

Mission

JVB aims to empower the individuals and the society to actually practice **Ahimsa (nonviolence), Sanyam (Moderation), and Anekant (divergent perspectives)**. It endeavours to create an environment of **unity and harmony** in society and inculcates **individual transformation**, which in turn leads to spiritual uplift and enlightenment

Financial Pledge

All activities are run free of charge (in some cases nominal charge to cover costs). We need your support to cover costs such as

- | | |
|------------------------------------|-------------|
| * Travel (international and local) | * Hall hire |
| * Accommodation | * Meals |

Continuity of JVB is wholly dependent on voluntary donations.

To plan and budget for the activities for the coming year and beyond, the JVB Board of Trustees who support the welfare of the Samanijis are seeking **ANNUAL PLEDGES** of support.

Please note this pledge is according to your means and capacity and the doors will remain open for everyone irrespective of the amount of contribution.

There can be no better time than now to make a pledge during **Paryushan**

Samani Prasanna Pragya and **Samani Vikas Pragya** have been ordained Samanis for over 20 years and 13 years respectively.

- In 1980 under the guidance of Late Acharya Tulsi and Acharya Mahapragya a special Jain monk status of Samani was established that removes few Jain monk restrictions allowing them to travel and introduce the message of Bhagavan Mahavira outside India
- Samanijis practice Jain monk vows and are highly educated having master degrees from JVBU (www.jvb.ac.in)



PLEASE COMPLETE THIS PLEDGE FORM AND CONFIRMATION OF YOUR SUPPORT

- £100 £200 £ 500 £1000
 Other £.....

No matter the size of your contribution, you can make a difference.

Name.....

Address.....

Post code.....Email.....

Telephone.....Mobile.....

GIFT AID DECLARATION

Using Gift Aid means that for every pound you give, we get an extra 28 pence from the Inland Revenue, helping your donation go further. So if you want your donation to go further, Gift Aid it. Just tick the box.

I want all my donations made since 19 October 2004 and all donations in the future to be Gift Aided until I notify otherwise.

To qualify for Gift Aid, what you pay in UK income tax or capital gains tax must at least equal the amount we will claim in the tax year.

Signature.....Dated.....

ALL CONTRIBUTIONS ARE GRACEFULLY APPRECIATED.

JAI JINENDRA/OM ARHAM

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