

PARYUSHAN MAHAPARVA 2024



Under Spiritual Guidance of:
Samani Malay Pragya Ji
Samani Neeti Pragya Ji



DAILY ACTIVITIES (Sat, 31st Aug till Sun, 8th Sep) (UK Time)

| | |
|--------------------------|---|
| 06:30am - 07:00am | Preksha Meditation |
| 07:00am - 08:00am | Bhaktamar Stotra + Magical Mantra |
| 10:00am - 12:00am | Pravachan by Respected Samaniji |
| SPECIAL PROGRAMME | |
| 10:00am - 12:00pm | Rishi Mandal Stotra (31st August) |
| 10:00am - 12:00pm | Special Skit/games (1st and 7th Sep) |
| 12:30pm - 01:30pm | Lunch (31st Aug, 1st and 7th Sep) |
| 12:30pm - 01:30pm | One Grain ayambil (31st Aug) |
| 01:30pm - 03:30pm | Devotional Bhakti by Saggar Malde (31st Aug) |
| 02:00pm - 05:00pm | Quiz and games (1st, 7th and 8th Sep) |
| 02:30pm - 03:30pm | Navkar Jaap (8th Sep) |
| 04:00pm - 05:00pm | Tapasvi Anumodna (8th Sep) |
| 05:30pm - 07:00pm. | Dinner (on 1st and 7th Sep) |
| 07:10pm - 08:15pm | Vandana and Pratikraman |
| 08:30pm - 09:30pm | Pravachan by Samani Malay Pragya ji and Samani Neeti Pragya ji |

Meal arrangements are being organized on a pre-booked basis and priced at £5 per person. Kids under 5 year age are free

➤ Zoom Meeting ID: 820 108 1008
Password:1008

➤ Watch on
youtube.com/@JVBLondon

**All activities / programmes are to be held ON & OFF-LINE at:
Jain World Peace Centre, 8 Elm Park Road, Pinner HA5 3LA**

For further information, please contact:

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